FORMATIVE EVALUATION

ANG-3007-6

PART 2

Reading Comprehension

And

Written Expression

QUESTIONNAIRE

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Read the following ad and answer questions 1, 2 and 3.

2-for-1 Hatha Beginners Yoga Course

Bring a friend for FREE!

This experience from Samadhi Bliss Yoga entitles you and a (tense) friend to an afternoon energizing your body and soul.

Practicing yoga regularly can help you:

- lower stress levels and a better response to stressful situations
- improved posture, strength and flexibility
- deeper breath and thus better oxygenation of the body
- clear thinking and focus
- better body and self image
- increased energy levels
- inner peace and happiness

This Hatha beginners Yoga course will teach you the basics of posture work (asana), along with some breathing techniques (pranayama) and meditation. This is both a complete introduction for brand new beginners as well as a refresher for those coming back to yoga. PLUS! Your course includes a **bonus**: 8 Yoga classes for a friend.

When is it?

2 November at 7.30pm for 8 weeks.

Cost:

\$75.00

Clothing?

Please wear loose, comfortable clothes and bring a yoga mat or large towel.

Where is it?

St. Andrew Adult Education Center

Read questions 1, 2 and 3.

Choose A, B, C or D.

- 1. Who is this class for?
 - a) Adults only.
 - b) Beginners only.
 - c) Anyone can register.
 - d) Yoga instructors.
- 2. Which of the following statement is false?
 - a) Asana is a yoga pose that will give you better flexibility.
 - b) Samadhi Bliss is a tense friend.
 - c) Your friend can participate in all the classes for free.
 - d) Prayanama is a technique that improves oxygenation of the body.
- 3. How much is it if you don't bring a friend?
 - a) \$75.00
 - b) \$37.50
 - c) You must bring a friend to register.
 - d) The price for a single pass is not indicated in the ad.

Read the medicine label and answer questions 4 and 5.

Wonderdrug

This product is recommended to relieve pressure, tenderness, or pain as well as nasal stuffiness and irritating dry cough caused by sinus congestion.

Dosage: Adults: Swallow one teaspoonful (5 ml) 3 times per day. Not recommended for children under 12.

Warning: Do not exceed recommended dosage. Keep out of the reach of children. If you are pregnant, seek the advice of a health professional before using this product.

If drowsiness occurs, discontinue activities requiring alertness. Do not drink alcohol while taking this medication.

Should the symptoms persist for more than 5 days, consult a physician.

Read questions 4 and 5.	
Choose A, B, C or D.	

- 4. What type of medicine is Wonderdrug?
 - a) It is a pain reliever.
 - b) It is a decongestant.
 - c) It is an antibiotic.
 - d) It is a cough suppressant.
- 5. What should you do if you are expecting a baby?
 - a) Consult a pharmacist or a doctor.
 - b) Avoid drinking alcohol.
 - c) Stop practicing sports.
 - d) Take the medicine if you are over 12 years old.

Read the following ads and answer questions 6 and 7.

- 1 -

6 ½ -room apartment. Second floor. Front and back balconies. Close to conveniences and bus stop. Safe neighbourhood. No pets.

\$850 Call: 444-1122

-2-

Spacious 3-bedroom apartment. On dead-end street. Access to garden. Large backyard. Hardwood floors.

\$650 Tel.: 322-3322

- 3 -

Friendly 3 ½ near university. Heated, fridge, stove, hot water, coin laundry. 10-month lease. Internet access. Prefer married students. \$440 Annie 776-8888

-4 –

Cozy bachelor. Ground floor. Fully furnished. Fresh paint. Downtown. Available now. Call for appointment. \$575 After 6 pm. 221-0088

	Read questions 6 and 7.
	Choose A, B, C or D.
6.	You'are a family of six with a poodle named Cherry. Which apartment would interest you?
	a) Apartment 1.
	b) Apartment 2.c) Apartment 3.
	d) Apartment 4.
7.	You are looking for your very first apartment. You don't have any furniture and can't pay more than \$600 a month. Which apartment would interest you?
	a) Apartment 1.
	b) Apartment 2.c) Apartment 3.
	d) Apartment 4.
For	rmative Evaluation ANG-3007

6.

You have just received a call from the school. Your son has been in a fight and needs medical attention. It is 11:00 a.m. and your 11 year old daughter is coming for lunch. Write her a note. Tell her:

- Where you went.
- How long you may be gone.
- What's for lunch and where the dessert is.
- Tell her 2 things she has to do before going back to school.